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For Mental Health Awareness Month, Little Free Library and Penguin Random House Share Hundreds of Books About Emotional Well-Being

The publisher is also sponsoring 20 Little Free Libraries for underserved communities to promote mental health



Saint Paul, MN (May 23, 2023) – Today Little Free Library (LFL) and Penguin Random House (PRH) announced their activities honoring Mental Health Awareness Month. Through the partnership, PRH will sponsor 20 Little Free Library book-sharing boxes granted to high-need communities via LFL’s Impact Library Program, provide more than 500 mental health–focused books for those libraries and offer an additional 2,000 books for a national giveaway.

"It is an honor to be working with Penguin Random House to share resources to inform and educate about a variety of mental health issues as part of May's Mental Health Awareness Month," said LFL Executive Director Greig Metzger. "With Penguin Random House's grant funding and book donations,

Little Free Library will be able to expand book access in deserving communities, as well as share relevant titles across the Little Free Library network of book-exchange boxes."

Titles among the dozens featured in the project include:

- *The House in the Pines* by Ana Reyes
- *Lighter: Let Go of the Past, Connect with the Present, and Expand the Future* by Yung Pueblo
- *Turtles All the Way Down* by John Green
- *Buy Yourself the F*cking Lilies: And Other Rituals to Fix Your Life, from Someone Who's Been There* by Tara Schuster
- *The Zen of Therapy: Uncovering a Hidden Kindness in Life* by Mark Epstein

"We always love collaborating with Little Free Library—their one-of-a-kind network helps communities across the country get equitable access to books, a mission that is more important than ever in today's climate," said Claire von Schilling, EVP, Director, Corporate Communications and Social Responsibility, Penguin Random House. "We are especially excited to work with LFL for Mental Health Awareness Month to provide mental-health focused books from our authors that help readers feel seen and understood."

Locations for the new mental health–focused Little Free Libraries include a detention center in Alvarado, Texas, a school district in Redding, California, a public park in Rockton, Pennsylvania and a community garden in New York City.

To enter the generous giveaway for a chance to win a 20-book bundle of mental-health titles, [CLICK HERE \(tfaforms.com/5064331\)](https://tfaforms.com/5064331).

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ABOUT LITTLE FREE LIBRARY

Little Free Library® (LFL) is a 501(c)(3) nonprofit organization that builds community, inspires readers and expands book access for all through a global network of volunteer-led Little Free Libraries. There are more than 160,000 registered Little Free Library book-sharing boxes worldwide in all 50 states, 120 countries and seven continents. Through them, over 300 million books have been shared since 2009. LFL received the 2020 World Literacy Award as well as honors from the Library of Congress, National Book Foundation and others. The organization grants Little Free Libraries full of books to underserved areas through its Impact Library and Indigenous Library Programs and champions diverse books through its Read in Color initiative. To learn more, visit LittleFreeLibrary.org.

ABOUT PENGUIN RANDOM HOUSE

Penguin Random House, the world's largest trade book publisher, is dedicated to its mission to ignite a universal passion for reading by creating books for everyone. The company, which employs more than 10,000 people globally, was formed on July 1, 2013, by Bertelsmann and Pearson. As of April 1, 2020, Bertelsmann is full owner of the company. With more than 300 imprints and brands on six continents, Penguin Random House comprises adult and children's fiction and nonfiction print and digital English- German- and Spanish-language trade book publishing businesses in more than 20 countries worldwide. With over 16,000 new titles, and more than 700 million print, audio and eBooks sold annually, Penguin Random House's publishing lists include more than 80 Nobel Prize laureates and hundreds of the world's most widely read authors.